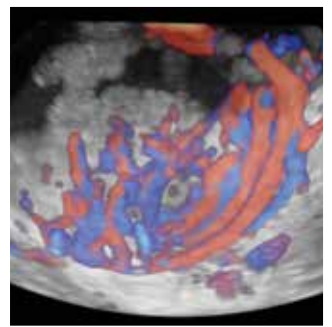


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A CME Teaching Activity

# 2020 Advances in Ultrasound in Obstetrics & Gynecology



16.75 AMA PRA Category 1 Credit(s)<sup>TM</sup>

Release Date: September 1, 2020

**ESI** Educational  
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## About This CME Teaching Activity

This CME activity is a practical, clinically oriented review of recent advances in first trimester ultrasound. A mix of topics including comprehensive normal fetal anatomy along with abnormalities of major organ systems in the first trimester is included. Guidelines and indications for imaging in the first trimester are presented so participants can implement these into their clinical practices. Tips, images, and pitfalls provide balance to the program.

## Target Audience

This program is designed for obstetricians and gynecologists, maternal-fetal medicine physicians, radiologists, family medicine physicians, genetic counselors and sonographers, who order, perform and interpret ultrasound examinations in obstetrics and gynecology. The goal of this educational activity is to bring the level of practice for the health practitioners to a higher degree of proficiency in obstetric sonography.

## Scientific Sponsor

Educational Symposia

## Accreditation

**Physicians:** Educational Symposia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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All activity participants are required to take a written or online test in order to be awarded credit. (Exam materials, if ordered, will be sent with your order.) All course participants will also have the opportunity to critically evaluate the program as it relates to practice relevance and educational objectives.

**AMA PRA Category 1 Credit(s)<sup>™</sup> for this activity may be claimed until August 31, 2023.**

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This activity was planned and produced in accordance with the ACCME Essential Areas and Elements.

## Educational Objectives

At the completion of this CME teaching activity, you should be able to:

- Assess normal fetal anatomy in the first trimester.
- Explain the indications and national guidelines for first trimester ultrasound.
- Optimize scanning parameters and techniques of the first trimester ultrasound examination.
- Review major fetal malformations that can be diagnosed in early gestation.
- Discuss the use of ultrasound in screening for fetal aneuploidy in the first trimester.
- Describe the indications for performing saline infusion sonohysterography.
- Recognize the sonographic findings in ectopic pregnancy.
- Optimize parameters in obstetric ultrasound.

*No special educational preparation is required for this CME activity.*

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**Thomas C. Winter, III, M.D., FACR**

*Professor of Radiology and OB-Gyn  
Director of Body Imaging  
University of Utah School of Medicine  
Salt Lake City, UT*

**Session 1****The New "Detailed First Trimester Ultrasound": National Guidelines**

*Bryann Bromley, M.D.*

**How to Get the Best Ultrasound Image in the First Trimester**

*Alfred Abuhamad, M.D.*

**First Trimester Ultrasound: Pregnancy Dating & Elements of Failed Pregnancy**

*Beryl R. Benacerraf, M.D.*

**Genetic Screening and Diagnosis in Early Gestation**

*Lawrence D. Platt, M.D.*

**Session 2****The Role of First Trimester Ultrasound in the Evaluation of Multiple Pregnancies**

*Reem S. Abu-Rustum, M.D., FACOG, FACS, FAIUM*

**Ectopic Pregnancy: Role of Ultrasound In Diagnosis & Management**

*Beryl R. Benacerraf, M.D.*

**Case Presentation 1**

*Elena Sinkovskaya, M.D., Ph.D.*

**Ultrasound Scanning Demonstration 1: The Detailed First Trimester Ultrasound**

*Reem S. Abu-Rustum, M.D., FACOG, FACS, FAIUM*

**Just Images: Normal & Abnormal Fetal Anatomy in Early Gestation**

*Bryann Bromley, M.D.*

### Session 3

#### First Trimester Ultrasound: The Fetal Brain

*Elena Sinkovskaya, M.D., Ph.D.*

#### First Trimester Ultrasound: The Fetal Face & Neck

*Beryl R. Benacerraf, M.D.*

#### First Trimester Ultrasound: The Fetal Heart

*Reem S. Abu-Rustum, M.D., FACOG, FACS, FAIUM*

#### First Trimester Ultrasound: The Fetal Gastrointestinal Tract

*Lawrence D. Platt, M.D.*

### Session 4

#### First Trimester Ultrasound: The Fetal Genitourinary Tract

*Alfred Abuhamad, M.D.*

#### First Trimester Ultrasound: The Fetal Skeletal System

*Lawrence D. Platt, M.D.*

#### Case Presentation 2

*Elena Sinkovskaya, M.D., Ph.D.*

#### Ultrasound Scanning Demonstration 2: Focus on the Fetal Heart

*Elena Sinkovskaya, M.D., Ph.D.*

### Session 5

#### The Placenta & Umbilical Cord in Early Gestation

*Elena Sinkovskaya, M.D., Ph.D.*

#### Placenta Accreta Spectrum: Sonographic Markers in Early Gestation

*Bryann Bromley, M.D.*

#### Adnexal Masses: What's Benign & What's Malignant

*Alfred Abuhamad, M.D.*

#### Congenital Mullerian Malformations: Role of 3D Ultrasound in Diagnosis

*Beryl R. Benacerraf, M.D.*

### Session 6

#### Case Presentation 3

*Elena Sinkovskaya, M.D., Ph.D.*

#### Ultrasound Scanning Demonstration 3: Focus on the Fetal Brain

*Elena Sinkovskaya, M.D., Ph.D.*

#### The Mid Sagittal Plane in the First Trimester: Putting it all Together

*Reem S. Abu-Rustum, M.D., FACOG, FACS, FAIUM*

#### Case Presentation 4

*Elena Sinkovskaya, M.D., Ph.D.*

### Session 7

#### Ultrasound of the Endometrium and SIS

*Thomas C. Winter, III, M.D.*

#### 1st Trimester Ultrasound

*Leslie M. Scoutt, M.D.*

### Session 8

#### Fetal GU Ultrasound

*Thomas C. Winter, III, M.D.*

#### Ectopic Pregnancy

*Leslie M. Scoutt, M.D.*

### Session 9

#### Pelvic Pain

*Leslie M. Scoutt, M.D.*

#### Obstetric Sonography: Dos and Don'ts

*Thomas C. Winter, III, M.D.*

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